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Budhist Wisdom (Paperback)

By David Crossweller

Simon Schuster Ltd, United Kingdom, 2003. Paperback. Condition: New. Original ed.. Language: English . Brand New Book. Awaken your heart and engage your mind with Buddhist Wisdom: Daily Reflections, a simple but powerful collection of Buddhist sayings and extracts that offer an easy way to incorporate the Buddha s most significant teachings into your everyday life. Use it daily or at random to find help facing a particular issue or problem. Illustrated with photographs of traditional Buddhist people, sacred places and monuments, the book provokes contemplation and more profound understanding for all individuals, regardless of religious persuasion. Buddhist Wisdom also offers a brief overview of the life of the Buddha, Buddhist teachings and the spread of Buddhism around the world; includes a Buddhist calendar of celebration days and festivals.



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