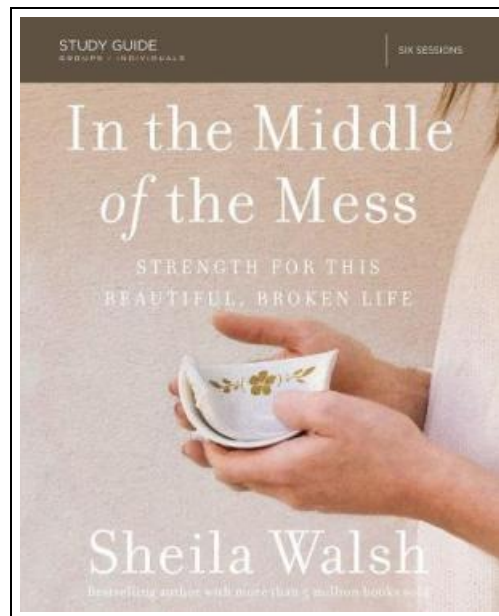


In the Middle of the Mess Study Guide: Strength for This Beautiful, Broken Life



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Reviews

It is one of my favorite books. Sure, it is actually engaging, nonetheless an interesting and amazing literature. I am happy to let you know that this is basically the finest book I have got to study inside my very own existence and might be the finest publication for ever.
(Randal Reinger)

IN THE MIDDLE OF THE MESS STUDY GUIDE: STRENGTH FOR THIS BEAUTIFUL, BROKEN LIFE



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Thomas Nelson. Paperback. Condition: New. 144 pages. In this six-session video-based Bible study (DVDdigital video sold separately), bestselling author Sheila Walsh shares a practical method she has learned for connecting with God and leaning on his strength in the midst of trials. The first step in this process is being vulnerable and welcoming God into the innermost hurt. From that place of honesty, we can begin to form a daily relationship with Christ through confession, prayer, and meditation on Scripture. As we tap into Gods strength and build up a godly community to support us, we are equipped with new spiritual defenses to help us withstand the enemy. We are able to persevere in the midst of challenges and see how God is working through those struggles. Thrivingnot merely survivingbecomes our goal, and we find freedom as a child of God who is fully known, fully loved, and fully accepted. Throughout the study, Sheila bares her heart by sharing the hardened defenses that kept her from being fully known by Godincluding those that bubbled up after the recent loss of her mother. She reveals how entering into this safe place with God and practicing a daily connection with him has since saved her from the devils prowling attacks. Participants in the study will learn how to. . . Acknowledge their brokenness and their journey through it Form a daily, practical relationship with Jesus that is honest and healing by intentionally using the spiritual practices of confession, prayer, and meditation Understand the importance of fostering a small group of friends with whom they can build a safe community and reveal intimate struggles Put down the lies they tell themselves and pick up the truth that only God provides Speak powerful prayers out loud that kill shame and allow hope to flourish..



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