



men 40-year-old s body manual(Chinese Edition)

By ZHAO DONG // XU FENG JUN / ZHAO DONG XU FENG JUN

paperback. Condition: New. Language:Chinese.Pages Number: 304 Publisher: Petroleum Industry Press Pub. Date :2008-03. For the middle-aged men to that is the life of an extraordinary period. they have spent a robust adolescence. physical fitness began to rise and fall. in vivo aging of various organs began to appear. a little attention. the body's health will be perilous. Book that affect the health of middle-aged men. many factors. the system to explain the male physiology. disease prevention and health care knowledge .

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