



## Reinvent Your Life in 15 Minutes a Day: A Guide to Thinking Big and Living a More Fulfilling Life (Paperback)

By Suzanne Wescoe

Suzanne Wescoe, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. It takes practice and determination to break long standing habits and ways of thinking that no longer serve you. This book is designed to be used as a guide every day to practice higher forms of thinking and being. The passages are meant to lift you up and inspire you to achieve all that you can be. It takes practice, practice and then more practice so it becomes a part of you that you can't live without. Turn to this book at the start of each day and let the words sink in and become a part of you. This is not a book to read cover to cover. It should be used as a guide to remind yourself about how great you are and how everything in life happens for a reason. As you develop the ability to look beyond the immediate circumstances, you discover the deeper meaning intended for you. You will begin to appreciate adversity as an opportunity for personal growth. This book is designed for busy professionals who want to jump start the day and get their mindset...



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