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SMOOTHIE DIET: 37 AMAZING SMOOTHIE DIET BLENDER RECIPES



Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Weight Loss Smoothie Recipes BONUS - Includes a FREE copy of Delicious Healthy Smoothie Recipes to stay healthy, fit lean. This is a compilation of 2 Smoothie Diet books that you can make with your Ninja Blender, Nutribullet, Vitamix similar high speed or high power blender. In total you will receive 37 smoothie diet blender recipes. Smoothie Diet...

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